**MHHS Softball Player Expectations**

**Purpose of High School Athletics**

The purpose of athletics is to contribute to the overall educational experience of the balanced and total student. Concepts learned through athletics include teamwork, integrity, sportsmanship,

restraint, persistence, leadership, self-esteem, discipline, and humility. Team leadership is provided through captains, and coaches dedicated to youth. Student-athletes will be expected to adhere to the following code of behavior:

**We expect that MHHS Softball Athletes will strive to**

* At all times represent their school in a positive manner.
* Be on time, be enthusiastic, dependable, loyal, and cooperative.
* Be responsible and open to coaching.
* Be a team player.
* Abide by the general rules of discipline as established for you by the CIF, CIF San Diego

 Section, and Mission Hills High School.

**Student-Athlete Responsibilities**

Competition in high school athletics is a privilege. Accompanying that privilege is the

responsibility of the student to conform to standards established by the school teams and instituted by the CIF, CIF-SDS, SMUSD, and school athletic conference.

* Place academics first.
* Strive to improve.
* Be positive and support their teammates.
* To seek education assistance when required. .
* Maturely accept constructive criticism.
* Take responsibility for their actions on and off the field/court.
* Use appropriate language.
* Be at all practices and games.
* Come prepared to be a part of the team and accept your role on the team.
* Come prepared to do your best. This includes proper nutrition, sleep and care of injuries and illness.
* If you don’t understand something, ask your coaches.
* Be respectful of yourself, your teammates, your coaches, your parents, the officials, and the fans at all times.
* Maintain a G.P.A of 2.0 or above throughout your season of sport.
* Take care of all equipment, uniforms issued and return at the end of the season.
* Respect rules and policies.

**Event Behavior**

* Losing as well as winning is part of the game. All should be gracious in defeat and modest in
* victory. Good sportsmanship is expected by all persons, at all times. Discipline from coaches and the school will result if unsportsmanlike behavior is demonstrated by team members. Accept loss as something to grow by, setting individual goals, and moving forward.
* Self-control and maturity are expected.
* Game officials ensure that participating teams will compete fairly and safely.

**REMEMBER: Officials do not lose a game for a participant or a team.**

It is tradition, and a rule, that no one except the coach can talk to the officials. The players’

bench should be enthusiastic, but mannerly, at all times during a contest. No derogatory

remarks should be made to or about the officials or to the opposing team