

Student Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Grade: \_\_\_\_\_ ID: \_\_\_\_\_

### Medical History Questionnaire

1. Have you ever been hospitalized overnight? Yes No  
Have you ever had surgery? Yes No
2. Are you currently taking medication? Yes No
3. Do you have any allergies (medicines, pollen, bees)? Yes No  
List allergies: \_\_\_\_\_
4. Have you ever passed out during exercise? Yes No  
Have you ever been dizzy during exercise? Yes No  
Have you ever had chest pain? Yes No  
Do you tire more quickly than your friends during exercise? Yes No  
Have you ever had high blood pressure? Yes No  
Have you ever been told you have a heart murmur? Yes No  
Have you ever had racing of your heart or skipped beats? Yes No  
Has anyone in your family died of heart problems or a sudden death before the age of 40? Yes No  
Does anyone in your family have Marfan's Syndrome? Yes No
5. Do you have any skin problems (itching, rashes, breaking out)? Yes No
6. Have you ever had a head injury? Yes No  
Have you ever been knocked out? Yes No  
Have you ever had a seizure? Yes No  
Have you ever had pain from neck into arm? Yes No
7. Have you ever had heat cramps? Yes No  
Have you ever been dizzy or passed out in the heat? Yes No
8. Do you use special pads or braces? Yes No
9. Have you ever injured (broken/fractured, sprained, or dislocated): (please check)  
\_\_\_hand/fingers \_\_\_shoulder \_\_\_hip \_\_\_shin/calf \_\_\_wrist/forearm  
\_\_\_neck \_\_\_thigh \_\_\_elbow \_\_\_chest/ribs \_\_\_knee  
\_\_\_ankle \_\_\_upper arm \_\_\_back \_\_\_stress fracture
10. Have you ever had?(Check all that apply)  
\_\_\_mononucleosis \_\_\_diabetes \_\_\_measles \_\_\_hernia  
\_\_\_sickle cell trait/disease \_\_\_headaches (*frequent*) \_\_\_ulcers \_\_\_hepatitis  
\_\_\_asthma \_\_\_eye/ear injuries \_\_\_tuberculosis \_\_\_COVID-19
11. When was your last tetanus shot? Month \_\_\_\_\_Date \_\_\_\_\_Year\_\_\_\_\_
12. About your weight: do you think you are:  
\_\_\_just right \_\_\_too heavy/fat \_\_\_too light/thin
13. For Females:  
When was your first period and how old were you? \_\_\_\_\_  
When was your last period? \_\_\_\_\_
14. Please feel free to ask the doctor to address any questions/concerns that you have\_\_\_\_\_

Explain all "Yes" responses to Questions 1-8: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Student Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Grade: \_\_\_\_\_ ID: \_\_\_\_\_

## Physical Examination (To be completed by medical personnel)

Height \_\_\_\_\_ Weight \_\_\_\_\_ BP \_\_\_\_/\_\_\_\_ Pulse \_\_\_\_\_

Vision (optional) Left eye 20/\_\_\_\_ Right eye 20/\_\_\_\_

1.	Skin	
2.	Head	
3.	Eyes (PERL, EOMI, Fundi)	
4.	Ears, nose, throat	
5.	Neck	
6.	Lymphatic	
7.	Respiratory	
8.	Cardiovascular	
	Heart (murmurs?)	
9.	Abdomen	

10	Genitalia (optional)	
11	Extremities	
12	Neurological	
13	Orthopedic	
	Cervical spine/back	
	Arms/elbows/wrist/hands	
	Hips	
	Knees	
	Ankles / feet	
14	Developmental	
	Tanner staging 1-5 (opt)	

√ = WNL X = omitted + = see "Notes" below

### Please check one:

\_\_\_\_\_ Full, unrestricted clearance

\_\_\_\_\_ Not cleared. Needs clearance by specialist: (Please note below)

\_\_\_\_\_ Orthopedist \_\_\_\_\_ Cardiologist \_\_\_\_\_ Other

Notes:

**\*\*Effective May 4, 2011, screenings may only be performed by licensed MD, DO, PAC, and NP.**

**Also, screening must be performed after June 3, 2020 for 2020-2021 school year participation. \*\***

### Athletic Screening performed by:

Print \_\_\_\_\_ MD / DO / PAC / NP (circle one)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Place Practitioner Office Stamp Here (Required)