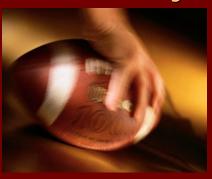
GRIZZLY FOOTBALL 2022

Mission Hills HS

Welcome

Mission Hills High School 2022 Freshmen Football Kickoff Meeting



GRIZZLY FOOTBALL Agenda

- Grizzly Football in the news
- Introductions
- 2022 Freshman Schedule
- What is Freshman Football?
- Summer Camp
- Fall Camp (physical information)
- Fundraising, Booster Club
- Questions / Closing
- chris.hauser@smusd.org
- daniel.zapata@smusd.org

Grizzly Football In The News

Chris Olave (class of 2018) WR 2022 1st Round 11th Selection New Orleans Saints

Fred Warner (class of 2014) LB All-Pro Linebacker San Francisco 49ers

Troy Warner (class of 2016) DB Tampa Bay Buccaneers

NCAA D1 - Indiana, Utah, LSU, SDSU, Utah St

2022 Freshman Schedule

| ■ August 18 | vs Chaparral | away |
|-------------|--------------------|------|
| ■ August 25 | vs Lawndale | home |
| ■ Sept 2 * | vs Highland | away |
| ■ Sept 8 | vs La Costa Canyon | home |
| ■ Sept 15 | vs Carlsbad | home |
| ■ Sept 22 | BYE | |
| ■ Sept 29 | vs Oceanside | away |
| October 6 | vs Rancho Bernardo | home |
| October 13 | vs Torrey Pines | away |
| October 20 | vs El Camino | home |
| October 27 | vs San Marcos | away |

■ Freshmen Football games played on Thursday / * Friday DH

MHHS 2022 Scrimmage

Thursday August 11 @ Mt Carmel HS

Four Teams: Mt Carmel (host), Mission Hills, Granite Hills, Mater Dei Catholic

Frosh: 3pm

JV: 5pm

Varsity: 7pm

Frosh Team will be bused there and back

Freshman Football

- The Foundation & The Future... create "The Grizzly Way" Culture
- Competitiveness: High Priority (high school sport)
- Player Development: Top Priority
- Participation: Med-High Priority (5th quarter)
- Bringing Up Younger Players: Rarely

11 on 11 Game... multiple opportunities / depth chart

Offense - Reg: 5 OL, 1 QB, 1 TE, 2 WR, 2 RB

4W: 5 OL, 1 QB, 4 WR, 1 RB

Defense - 4 DL, 3 LB, 4 DB

Goal line Defense, Nickel Personnel, Pass Rushers

Special Teams – Kicker, Punter, Long Snapper, Holder, Kick Teams

Grizzly Football

PLAYER LEARNING STAGES

- **WHAT:** assignment and learning what to do... it's a learning process, master the things that require no talent, that's knowing what to do and knowing how to do it.
- **HOW:** learning the technique and proper way to carry out the assignment
- **GET AFTER IT:** the player knows what and how and only has to concentrate on playing as physical and fast as possible

Grizzly Football

PLAYER DEVELOPMENT AREAS

- **■** Attitude
- Strength & Conditioning
- <u>Technique</u> i.e. tackling, blocking (safety)
- **Intelligence / Football Smarts**
- Period 2 PE class
- Meets M, T, Th (block), F
- Film Study during season: self & opponent
- Patch Course & Weight Room
- Speed, Agility, Quickness
- Game Day uniforms & walk thrus
- Grizzly Games end of school year... FUN

Grizzly Football

Types of Players

- **1. Survivor:** just gets by
- **2. Competitor:** External Motivation (picks & choose)
- **3. Ultimate Competitor:** Maximizes all opportunities (intrinsic) (main focus is self)
- **4. Grizzly Competitor:** Same as Ultimate but influences others

Grizzly Football

- *Equipment*: Helmet, Shoulder Pads, Practice Pant, Practice Jersey, Knee Pads, Thigh Pads, Hip Pads, Tail Pad, Mouthpiece, Belt, Game Uniforms (laundry)... Players Cleats, socks, workout shoes, girdle
- **Spirit Pack** what we wear when not in football equipment (pe class)... online store
- **Summer Camp Waiver** first day of summer camp... handout

Football Spirit Pack Store









- Accepting orders from May 24th to June 3rd!
 - Access Code: GLgCBxSwRo

Football Backpack Store





Accepting orders from May 24th to July 20th!
Access Code: GerFgFCRcm

Summer Football Camp

- Intro to Grizzly Football
- See Summer Calendar
- Spirit Pack Distribution
- 4 Weeks Begins June 13th thru July 9th
- M thru Th
- 3:30pm 5:30pm Frosh Practice Field (grass field) or stadium
- Field Skills Positions Evaluation Process
- Commitment & FUN
- What to wear? Shorts, T-shirt, Cleats
- Dead Period (no contact) July 10th July 24th
- Week of July 25th M-F, summer camp format, equipment, lockers

Summer Calendar

- Week of June 13: M, T, W, Th
- Week of June 20: M, T, W, Th
- Week of June 27: M, T, W, Th
- Week of July 4: T, W, Th
- Monday July 4th (Off)
- 3:30p 5:30p Camp (times could adjust)

Be Prepared For Fall Camp

- Physicals: \$30 (cash/check to MHHS).
 - Wednesday, June 15th MHHS (gym)
 - 1:30pm Seniors & Juniors / 3:00pm Sophomores & Freshmen
 - Siblings can come together

Trainer: - 760.290.2772 (Leah Sturdevant)

- AthleticClearance.com.
 - Clearance Information:
 - MHHS Website
 - Athletics
 - Clearance
- ASB Fee \$50. Transportation Donation \$50.
- Finance Office Open, TBA
- Finance Coordinator, Jolene Clark @ 760.290.2713
- School Registration August TBA
- School Registration (Football only) TBA
- First Day of School, Tuesday, August 16th

Fall Football Camp

- Begins: Saturday, July 30th
- Practice: Single Days & Double Days (18 hours)
- 10 Practices before competition
- Equipment & Locker Issued: week of 7.25.22
- School Registration TBA
- Program Pictures Friday, August 5th
- Family/Fiesta Day/Night: Saturday, August 6th
- Scrimmage Thursday, August 11th
- First Day Of School: Tuesday, August 16th
- First Game: August 18th
- Labor Day: Monday, Sept. 5th

Grizzly Gridiron Social Media



www.mhhsfootball.com



www.facebook.com/mhhsgrizzlyfootball



www.instagram.com/mhhsgrizzlyfootball



@MISSIONHILLSHI1



and more.

About Mission Hills Grizzly Football Booster Club

The Mission Hills Grizzly Football Booster Club is a 501(c)(3) non-profit organization status that is dedicated to supporting the football program at Mission Hills High School. Run by parent volunteers, the Grizzly Football Booster Club provides financial and volunteer support to the 130+ student athletes and 20+ coaches that make up the Freshman, Junior Varsity and Varsity Teams. The Booster Club takes the lead on all fundraising events, which fund uniforms and equipment, team activities, pre/post game events

The Booster Club also strives to engage parents, families and the community. Volunteers and donations are critical to the success of the Mission Hills High School Football Program. With your contribution and help, the Grizzly Football Booster Club can continue to provide the best experience for the student athletes, coaches, football fans and the community.

Becoming a Booster Club Member

We would love the for you to join our Booster Club TEAM! Together we can make a difference in the Grizzly Community.

How can you get involved?

- Board Members
- Volunteer Coordinator
- Fundraising
- Thursday Night Feeds
- Friday Varsity (lunchtime) Feeds
- Grizzly Family Day

- Annual Grizzly Social "Fiesta"
- Program Sales
- Snack Bar Volunteers
- Grizzly BBQ Crew
- Gold Card Blitz
- Senior Night

What does the Booster program provide?

- Equipment (both new and conditioning of current equipment)
- Transportation & lunches for "travel" games
- Scholarships
- Friday Feeds
- Snack Bar

- Website Fees & Maintenance
- Varsity Banquet
- JV and Freshman End of Season Awards
- Season Ticket Seats
- Programs
 - Sky Box
 - **A safe, fun, brotherhood for the boys!!



2022 Grizzly Football Booster Board

President – Tiffany Smith

Vice President – Jamie Chavez

Vice President – OPEN

Treasurer – Laura Hauser

Secretary –Heather DeVine



Fundraisers For 2022

- 99 Pledges Campaign (social media)
- Snack Bar... multiple opportunities (FW Camp)
- Gold Card: Pre-Sale Date & Blitz Date
- 18th Annual Grizzly Social / Saturday August 8th (Fiesta)
- Grizzly Car Show
- Sky Box
- Season Tickets
- Game Programs / Advertisements
- Grizzly Gear
- Booster Membership
- Lift-A-Thon: May (bench max) period 2 (weight room)
- Budget

Grizzly Gridiron Booster Club

Your Help Is Needed:

Snack Bar, Program, Grizzly Gear, Grizzly Social "Fiesta", Auction Items, Grizzly Sky Box, Game Day Operations....

Meetings:

In Season: Tuesdays 6:30PM Football Room

Next Meeting Wednesday May 25th, 2022 6:30pm

Partnership

Questions and Closing Remarks THANK YOU

Head Football Coach: Chris Hauser (email) chris.hauser@smusd.org (school) 760.290.2771