



Welcome to Mission Hills High School!

Mission Hills High School Counseling Department

2022-2023

August 9, 2022

Agenda

- ◉ Welcome - Principal Mitchell
- ◉ Parent Involvement - How to get involved
- ◉ Future Center/Counseling Introductions
- ◉ StudentVue/ParentVue
- ◉ First Week of School
- ◉ Academics
- ◉ Student Involvement



Mission Hills Administration Team



Principal

cliff.mitchell@smusd.org



Assistant Principal

nathan.baker@smusd.org



Assistant Principal

jillian.ryan@smusd.org



Parent Involvement MHPTO/ELAC

Mission Hills Parent Organization (MHPTO)

- PTO Meetings: First Monday of the month at 6:30 p.m. in the Staff Workroom
- For information on how to get involved please visit [MHPTO](#)
- Email: mhhsptocommunications@gmail.com
- Follow us on Facebook: "[Mission Hills High School PTO](#)" and Instagram: [@mhhspto](#)



English Learner Advisory Committee (ELAC)

- ELAC Meetings will be held in the library monthly, from 6-7 p.m.. Upcoming meeting dates for 23/22 will be listed in the Grizzly Growler
- ELAC advises the principal on the SPSA
- ELAC offers parent workshops based on parent input
- For more information and how to get involved, please contact: Tina Hernandez: tina.hernandez@smusd.org, (760) 290-2751 or ELAC President Ricardo Ramirez rramire1@hotmail.com (760) 580-4608



School Social Workers

Michelle Santiago, LCSW, PPSC (A-Le)

Email: michelle.santiago@smusd.org

Bina Gold, LCSW, PPSC (Li-Z)

Email: bina.gold@smusd.org



Individual/Group Short Term Counseling

Stress reduction, emotional regulation, conflict resolution, self-esteem, communication skills, substance use, grief/loss, bullying, etc.

Resource attainment and referrals

Linking students and families to outside resource

Attendance

Chronic Absences, Truancy, homelessness

Prevention & Early Intervention

Mental health presentations, activities/groups to provide knowledge and awareness of mental health



School Psychologists

David Martinez (9th & 11th grade)

Email: david.martinez@smusd.org



Jaime Lozano (10th & 12th grade)

Email: jaime.lozano@smusd.org



What do our
MHHS School
Psychologists
Provide and how
they can support
our students.

SCHOOL PSYCHOLOGISTS

support students' ability to learn and
teachers' ability to teach.

THEY ARE EXPERTS IN



Learning



Behavior



Mental Health



School Systems

THEY PROVIDE

- Academic and behavioral interventions
- Mental health supports
- Evaluation, assessment, and data analysis
- Consultation with teachers and families
- Culturally responsive services
- Crisis prevention and response



THEY SUPPORT

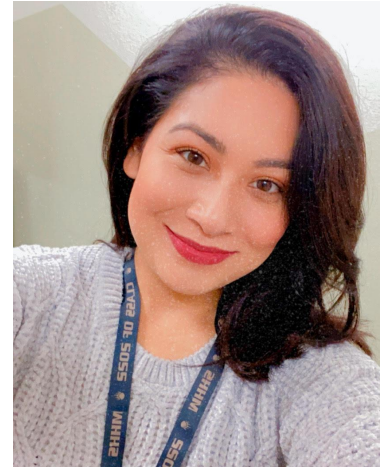
- Struggling and diverse learners
- Academic achievement
- Positive behavior and mental health
- Safe and supportive learning environments
- School-family-community partnerships
- School-wide data-based decision making

The Future Center

[Click here to visit the Future Center website](#)
[Find us on Instagram!](#)

Marissa Sanchez marissa.sanchez@smusd.org

- College Application Support
- College Rep Visits
- Financial Aid (FAFSA/CADAA) Application Assistance
- SAT/ACT Fee Waivers
- Scholarships
- Vocational Program Information
- Work Permits



Amanda Yantzer amanda.yantzer@smusd.org

- Career Planning
- Interview Prep
- Job Searching
- Personal Finance
- Resume Writing



School Counselors



Cherryl Baker (A – Ch)
cherryl.baker@smusd.org



Angela Segal (Ci-Gom)
angela.segal@smusd.org



Eric Cruz (Gon-Le)
eric.cruz@smusd.org



Kathleen Goldstein (Li-Ok)
kathleen.goldstein@smusd.org



Susan Martinez Alejandre (Ol-Sar)
susan.martinezalejandre@smusd.org



Adriana Rios (Sas-Z)
adriana.rios@smusd.org

Why contact my school counselor?

- Scheduling classes
- Graduation Requirements
- Post High School Planning
- Resources: Academic, College/Career, Social Emotional
- Questions or Concerns

How does a student contact their counselor?

- Walk-in: before school, break, lunch or after school
- Email us directly
- Urgent – walk-in anytime

Parents/Guardians: Feel free to email your school counselor. If you would like to set up an appointment, please contact our counseling office secretary Mrs. Giraldo at 760-290-2740.

Need to see a school counselor?

How I can help my student be successful at MHHS?

Teacher Websites

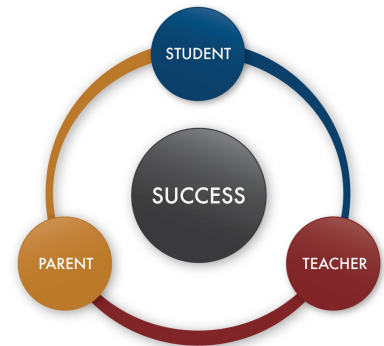
- Teacher websites
- Check for class work missed if absent
- Check for homework assigned if absent

Weekly Progress Report

- Obtain form in the Counseling Office
- All teachers sign on Friday

Email or Call

- Email address for all SMUSD teachers and staff are as follows:
firstname.lastname@smusd.org
- Additional info can be found in link below (under “Faculty”)
https://missionhillshigh.smusd.org/about_us/Faculty



Schedule Change Requests

Schedule Change Request Timeline:

- **Deadline before first day of school: August 10th at 3:30pm**
 - If students submit after August 10th, their request will be processed after August 16th.
- **Deadline after school starts: August 30th at 3:30 pm**
 - Pick Elective: If this appears on your student's schedule, please go to the Counseling Office during the period that says "Pick Elective."
- **Please note:**
 - Requesting a class change may change your student's schedule, such as changing multiple periods and teachers. Once changes are made, we cannot guarantee your original schedule.
 - We are unable to honor requests for specific teachers and periods.

How to Request a Schedule Change:

- Student are to complete the schedule change request form by scanning the QR code or go to: <https://tinyurl.com/mhhsclasschange22>



Parent/StudentVue

Access to Schedules:

Your student will be able to access their school schedules after Friday, August 12th. Class schedules will be available virtually via StudentVue.

Accessing StudentVue

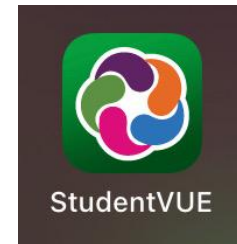
User ID: Student School ID

Password: DOB in reverse (YYYYMMDD)

If you are new to MHHS, need a ParentVue Activation Code, or have trouble logging into your account, please contact Angela Ochoa at angela.ochoa@smusd.org or (760) 290-2720.

[Parent/StudentVue Access Link](#)

[ParentVue FAQs](#)



Parent/StudentVue

 **Aidan**
Mission Hills High School
(760-290-2700)








SAN MARCOS
UNIFIED SCHOOL DISTRICT

[My Account](#) [Help](#) [Online Registration](#) [Logout](#)

San Marcos Unified

Good morning, Angela Segal, 8/10/2021

Home

-  Messages
-  Calendar
-  Course History
-  Grade Book
-  Student Info
-  State Tests
-  Documents



Aidan

Mission Hills High School








 Aidan -- Registration Accepted (8/2/2021)



Liam

 Liam -- Registration Accepted (8/2/2021)

Home

-  **Messages**
-  Calendar
-  Course History
-  **Grade Book**
-  Student Info
-  State Tests
-  **Documents**

Useful Tips

- **Message Tab** - Check Frequently
- **Grade Book** - See your student's schedule and current grades
- **Documents** - Progress & Report cards can be viewed here.

SMUSD Cloud (School Email)

SMUSD Cloud (School Email)

Website: cloud.smusd.org

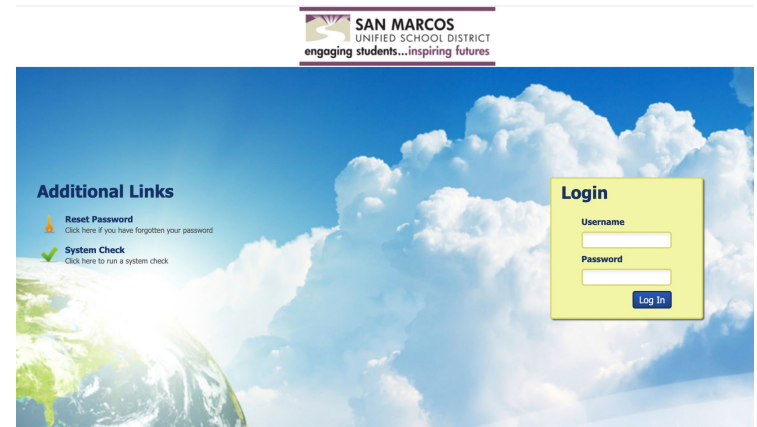
Username: graduation year / first initial / last name / last 5 digits of student ID / @smusd.org

Password: DOB in reverse (YYYYMMDD)

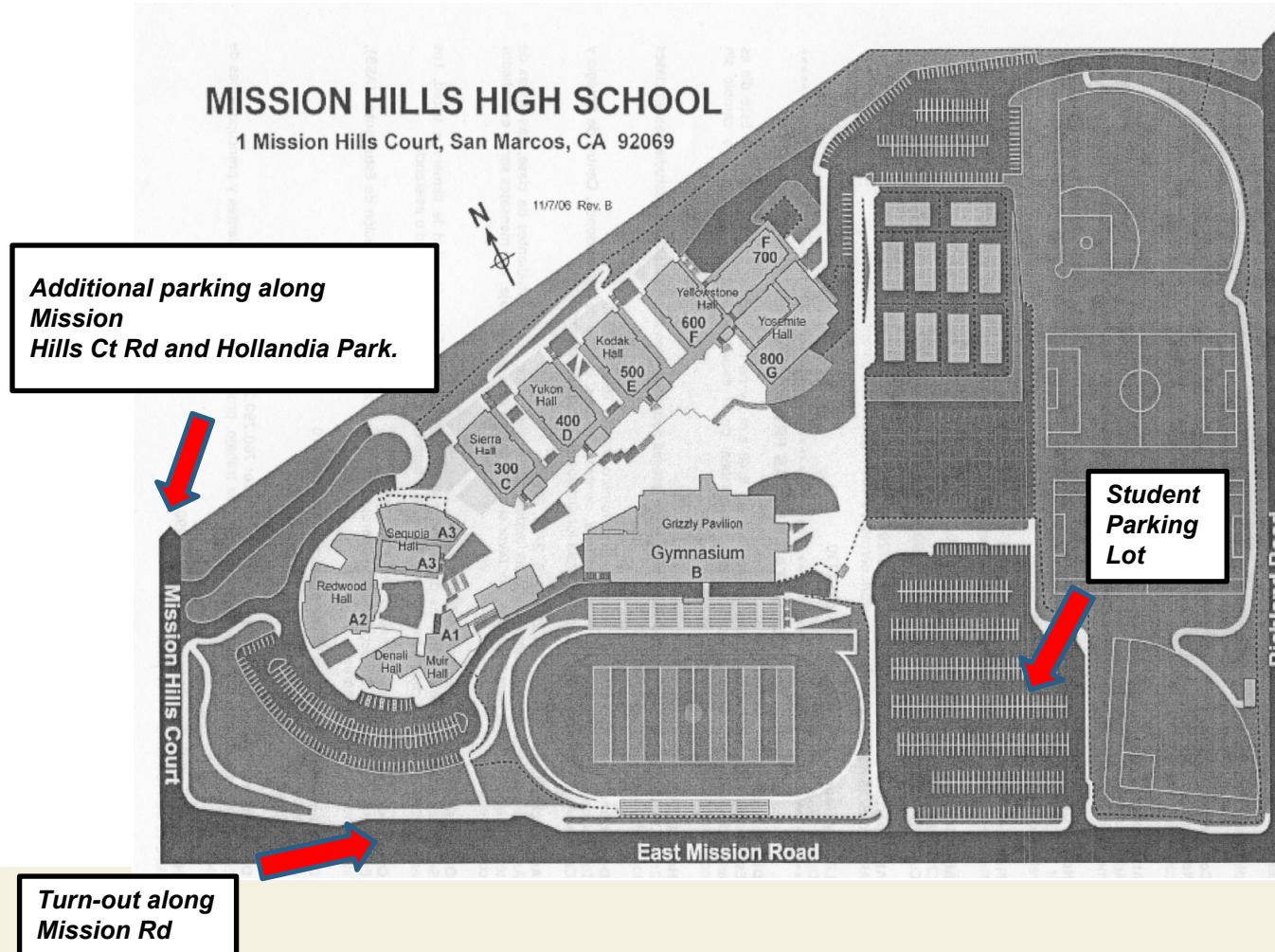
EXAMPLE STUDENT - Joe Grizzly, a freshmen with student ID 765432 born on May 10, 2000, would be as follows:

Example Username: 25JGrizzly65432

Example Password: 20000510



Drop off & pick up



Bell Schedule

PERIOD	MON & FRI	PERIOD	TUESDAY	PERIOD	WED & THUR
0	7:15- 8:20	No Zero Period	7:55-8:55	0	7:15- 8:20
1	8:30- 9:26	1	9:13- 10:03	1/2	8:30-10:28
Pass	9:26- 9:32	Pass	10:03- 10:09	Break	10:28-10:35
2	9:32-10:28	2	10:09-10:59	Pass	10:35-10:41
Break	10:28-10:35	Pass	10:59-11:05	3/4	10:41-12:45
Pass	10:35-10:41	3	11:05-12:01	Lunch	12:45-1:15
3	10:41-11:43	Pass	12:01-12:07	Pass	1:15-1:21
Pass	11:43-11:49	4	12:07-12:57	5/6	1:21- 3:19
4	11:49-12:45	Lunch	12:57-1:27		
Lunch	12:45-1:15	Pass	1:27-1:33		
Pass	1:15-1:21	5	1:33-2:223		
5	1:21- 2:17	Pass	2:23-2:29		
Pass	2:17- 2:23	6	2:29-3:19		
6	2:23- 3:19				

Reminder:

First day of school - Tuesday, August 16, start time: 9:13 a.m..

Single Period Week: August 16 - August 19

First Day of School

Come Early! Allow yourself and your student enough time for drop off and for your student to acquaint themselves with the campus.

Photo ID's:

- Students will take their photo ID on Friday, August 19th and Monday, August 22nd via their English class.

Textbooks/Chromebook:

- All 9th graders and new students in grades 10-12 will receive a Chromebook. If you have any questions regarding textbooks and/or Chromebooks contact our MHHS Textbook Office: (760) 290-2733 or email: mhhs.library@smusd.org
- The library will be closed until the 2nd week of school.

Breakfast & Lunch Options

Breakfast: Free to ALL students

Lunch: Free to ALL students



Menus can be found [online](#)

- Lunch carts around campus
- Closed campus
- No meal delivery

*For more information, call Child Nutrition Services (CNS) 760-290-2765
or go to www.smusd.org*

Academics

Academic Information

Credits

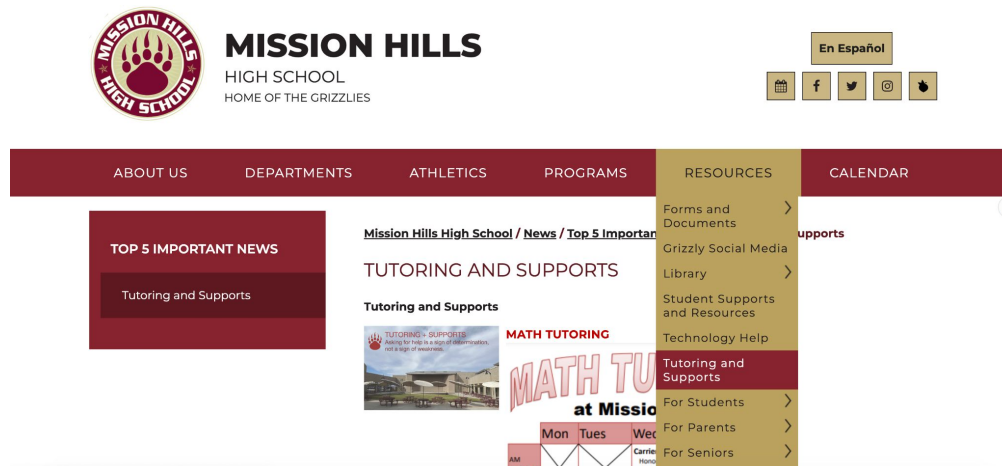
- Complete 230 Credits in 4 years
- 1 semester class = 5 credits
- Students must earn 60 credits per school year to be on track for graduation
- Access MHHS Graduation Requirements [HERE](#)

Course Selection:

- Every Spring students will pick classes for the following school year.
- School Counselors will review transcripts, a-g requirements, and high school graduation requirements with your student.

Tutoring

- [Tutoring & Supports](#)
 - AP/Honors Tutoring: [I Am AP](#)
Mrs. Markgraf: alecia.markgraf@smusd.org
 - Grizzlies Stepping Up
Mrs. Hernandez: tina.hernandez@smusd.org
 - English/Math Tutoring: TBD



Asking for help is a sign of strength, not weakness.

Grading

Semester 1

- First Progress Report 9/23/2022
- Second Progress Report 11/4/2022
- Final Grades 12/15/2022

***Finals Schedule - December 13th -15th**

Semester 2

- First Progress Report 2/24/2023
- Second Progress Report 4/21/2023
- Final Grades 6/7/2023

***Finals Schedule - June 5th - 7th**

Important: Progress & Report Cards will not be mailed. They will be found on your parent/studentvue portal in the documents section.

How can my student get involved?

Student Involvement



Athletics

<https://missionhillshigh.smusd.org/athletics>



Clubs

https://missionhillshigh.smusd.org/programs/a_s_b_leadership



Band

<https://missionhillshigh.smusd.org/cms/One.aspx?portalId=160741&pageId=4219507>



Theater

Rob Dellorfano
Drama Teacher
rob.dellorfano@smusd.org

Athletics

Fall	Winter	Spring
Cross Country	Boys Basketball	Baseball
Girls Golf	Girls Basketball	Boys Golf
Field Hockey	Boys Soccer	Girls Lacrosse
Football	Girls Soccer	Girls Softball
Girls Tennis	Wrestling	Swimming & Diving
Girls Volleyball	Girls Water Polo	Boys Tennis
Boy Water Polo		Boys Volleyball
Athletic Clearance: Click on the above link for more info. Athletic Director - DJ Zapata		Track & Field Boys Lacrosse

Thank you, Grizzlies!

We are here for you!

Let's make it a great year!



Instagram

[@mhhs_counseling](https://www.instagram.com/mhhs_counseling)



Facebook:

[Mission Hills High School Counseling](https://www.facebook.com/MissionHillsHighSchoolCounseling)



YouTube

[Mission Hills High School Counseling](https://www.youtube.com/MissionHillsHighSchoolCounseling)



Twitter:

[@MHHS_Counseling](https://twitter.com/MHHS_Counseling)



<https://missionhillshigh.smusd.org>

Upcoming events, counseling services, athletics, teacher communication and personal website links, etc.

Now we'd like to hear from you!



<https://qrco.de/bdEUlv>