

Spring Sports Clearance Information

Swimming & Diving - Due January 30th Boys Tennis - Due January 30th Track & Field - Due January 30th Boys Volleyball - Due January 30th Baseball - Due February 6th Boys Golf - Due February 6th Boys Lacrosse - Due February 6th Girls Lacrosse - Due February 6th Softball - Due February 6th

Before you hand in your physical please make sure you have the following items:

- 1. <u>Medical History Questionnaire</u> Filled out to be best of your ability, signed (student & parent), and dated
- 2. Completed ONLINE PORTION: Home Campus- Athletic Clearance
- 3. <u>Online Confirmation Page</u> Initialed, signed and dated
- 4. <u>Pre-Participation Physical Exam</u> Completed by MD, DO, NP, or PA, with wet signature, date, and stamp.
- * Steps for Online Athletic Clearance (English/Spanish <u>Here</u>

Turning in paperwork for Clearance:

Paperwork (Medical History Qustionnaire/Pre-Participation Physical & Confirmation Page) can all be turned in at the **Finance Office**. <u>Collection</u> hours will be 7:45 AM - 3:45 PM on all school days.

If you have any questions please email the Athletic Director, Coach Zapata, at daniel.zapata@smusd.org

Go Grizzlies!