

# WORKABILITY I

Jan/Feb 2022 Newsletter

## SENIORS

**LAST LEG OF YOUR JOURNEY!** Hi seniors...welcome to your last semester in school! You have a lot to plan for and we're here to help. Among other things, we can help you register for college, access assistance to apply for financial aid (FAFSA), find a job to start you off strong when you graduate, or (if you're not sure what you'd like to do when you graduate) just have a discussion with you about your options. Come and see us!

**UPDATE ON FIELD TRIPS:** Covid stopped play (once again!), and we had to cancel our Palomar College and MiraCosta College field trips. We hope to reschedule them for later this semester and will keep you informed of course. The field trips to MiraCosta College's Technology Career Institute in late February are still scheduled for now and hopefully will not need to be changed.

### Mission Hills High School

**Postponed:** 1/26 MiraCosta College & 2/9 Palomar College

**Still scheduled:** 02/23/22 MiraCosta College's Technology Career Inst.

### San Marcos High School

**Postponed:** 1/27 MiraCosta College & 2/10 Palomar College

**Still scheduled:** 02/24/22 MiraCosta College's Technology Career Inst.

**FINANCIAL AID - Don't forget to apply by March 2nd if possible. You can still apply after that date, but the early birds get the most access to aid!**

If you're planning to attend college after high school you need to apply for financial aid. We call this the FAFSA (Free Application for Federal Student Aid) and everything you need to know is on their website - [studentaid.gov](http://studentaid.gov)

If you're not eligible to apply for FAFSA don't worry! You can apply for financial through the CADAA (CA Dream Act Application) on their website [dream.csac.ca.gov](http://dream.csac.ca.gov)

**Mission Hills HS and San Marcos HS are offering workshops in February to help you apply...see next page for details.**

**JOBS!** This is a great time of year to land a job! Employers need you as college students have returned to school and have less time and availability to work. Come and see us if you'd like to apply for a job.

## HOW DO I FIND WORKABILITY?

Our contact information is on the right. Ms. Lona Lopez and Mrs. Clark are on campus from 8 am to 2:30 pm; you can drop by their office and meet with them in person. The Mission Hills HS office is at the far end of the counseling area and the San Marcos HS office is behind the finance office. If you are a student at Twin Oaks HS or Foothills HS, you can contact me for an in-person meeting.

## Inside this issue

SENIORS NEWS & JOBS

WORKSHOPS: FAFSA  
(Financial Aid)

PROGRAM IN THE SPOT-  
LIGHT: MIRACOSTA COLLEGE  
TECHNOLOGY CAREER  
INSTITUTE

THE SAN MARCOS PROMISE  
& FUTURE CTR.

## Contact Information

### WorkAbility I Coord.

Karen Thompson  
O: 760 290 2242  
E: [karen.thompson@smusd.org](mailto:karen.thompson@smusd.org)

### Mission Hills High School:

Ms. Lona Lopez  
O: 760 290 2703  
C: 760 566 9105  
E: [vanessa.lona@smusd.org](mailto:vanessa.lona@smusd.org)  
Back corner of the  
counseling building

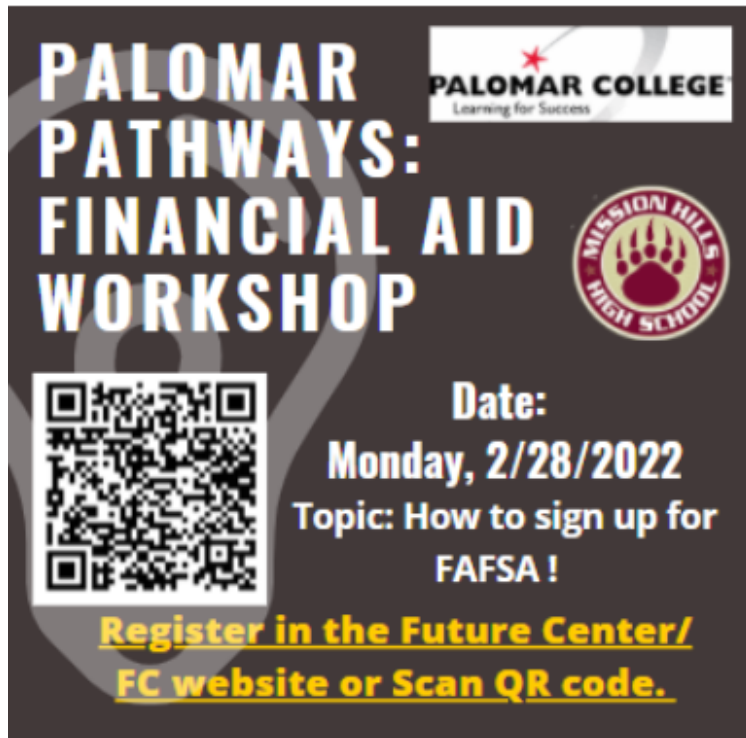
### San Marcos High School:

Mrs. Clark  
O: 760 290 2234  
C: 760 566 9149  
E: [melissa.clark@smusd.org](mailto:melissa.clark@smusd.org)

# FINANCIAL AID WORKSHIPS IN FEBRUARY!

## Mission Hills High School

Visit the Future Center in their new location between the library and counseling office  
Contact Marissa Sanchez  
marissa.sanchez@smusd.org  
Call 760 290 2755 for more information



**PALOMAR  
PATHWAYS:  
FINANCIAL AID  
WORKSHOP**

**PALOMAR COLLEGE**  
Learning for Success

**MISSION HILLS  
HIGH SCHOOL**

**Date:**  
**Monday, 2/28/2022**  
**Topic: How to sign up for  
FAFSA !**

**Register in the Future Center/  
FC website or Scan QR code.**

The poster features a QR code on the left side. The background is dark with white and yellow text. Logos for Palomar College and Mission Hills High School are present.

## San Marcos High School

Visit the Future Center in the Student Union next to the Student Store  
Contact Heidi Harris  
heidi.harris@smusd.org  
Call 760 290 2226 for more information



**FAFSA  
Workshop**

Come into the Future  
Center for FAFSA Help  
Starting 2/2

Wed 3rd, Lunch and 5th  
Thur 4th Lunch and 6th

**FAFSA Deadline  
3/2/2022**

The poster has a blue and yellow color scheme with white text. It includes icons of a book and a pencil. The background features abstract shapes like circles and a large yellow circle.

# Program in the Spotlight

## MiraCosta College's Technology Career Institute

Our Senior field trip this month is to MiraCosta Technology Career Institute, which is part of MiraCosta College's Community Education & Workforce Development department.

MiraCosta Technology Career Institute was created to help people gain job skills quickly. They offer low cost, hands-on, hassle-free classes, workshops and programs.

Courses vary in length from 30 hours to 6 months and tuition ranges from free to low cost thanks to various financial aid sources and scholarships.

They have hands-on job training in careers like engineering, healthcare and veterinary. Students who graduate from their various training programs jump quickly into jobs where they can immediately use the skills they've learned. The courses are chosen based on demand for these positions in San Diego County and a good salary!

Courses include:

- Biomedical Equipment Training: inspect, maintain and repair medical devices
- Craft Brewing Technician: train to become a craft brewer
- Health and Veterinary
  - Phlebotomy: taking blood from a vein for testing
  - Veterinary Assistant Program: animal care including, radiology, anatomy, nutrition, record keeping, etc.
- Real Estate: learn to sell homes and apartments!
- Solar Installation: there are lots of jobs in this expanding field of employment. Learn all about solar energy, and installation of solar panels.
- Unmanned Systems: Drones! Learn all about drone use safety, systems, software, controllers, communications, uses and more.

Other options: Financial Planning Analyst, Manufacturing and Engineering, Welding, Scuba Diver Instructor and more!

If you are interested in learning more, attending the field trip in February or setting up an appointment with them to explore your options, come and see us in WorkAbility!

### **CONTACT INFORMATION:**

Their annex location is at 2075 Las Palmas Drive, Carlsbad 92011

Website: [tci.miracosta.edu](http://tci.miracosta.edu)

Phone: 760 795 6820

Email: [commed@miracosta.edu](mailto:commed@miracosta.edu)

# The San Marcos Promise and the Future Centers

Another great resource on campus to help assist you with the transition from high school into adult life, is The San Marcos Promise.

Amanda (Mission Hills HS) and Roy (San Marcos HS) The San Marcos Promise Education Coordinators, can help you develop job, career, and life-readiness skills and create resumes and cover letters. If you are a Twin Oaks High School student, Roy and Manda are on your campus on Monday and Friday.

Amanda and Roy can be found in your school site's Future Center, where you can also receive help in applying for FAFSA (financial aid for college) and scholarships, as well as exploring educational pathways and connecting with resources to continue your education after high school.

Don't forget to check out the Future Center and the Counselors' Newsletters to see what events and workshops are coming up and a treasure trove of other valuable information!



Rogelio "Roy" Huerta & Amanda Yantzer

Contact information: **MHHS** Amanda Yantzer - [amanda.yantzer@smusd.org](mailto:amanda.yantzer@smusd.org)  
**SMHS** Roy Huerta - [rogelio.huerta@smusd.org](mailto:rogelio.huerta@smusd.org)